

Castlemilk Park *and* Castlemilk Stables



2024-25
PROGRAMME



Weekly Activities

Castlemilk Park Volunteers

Meet at Castlemilk Stables,
59 Machrie Road, G45 0AZ

The day/times may vary please email us to confirm before attending community@cassiltoun.org.uk

You can get involved in lots of different weekly activities such as woodland and path maintenance, litter picks, wildlife surveying and woodland events. Gloves and tools will be provided, please dress for the weather. All are welcome and no experience is required.



Creative Castlemilk

Every Wednesday
from 12pm to 2pm

Castlemilk Community Centre,
121 Castlemilk Drive, G45 9UG

Come along and learn how to create your own art using acrylic paint and canvases with the expert help from a Community Artist who will support you step by step. No previous experience is necessary and all materials will be provided.



Creative Writing Group

Every Wednesday 10am to 12pm
at Castlemilk Stables

Join us for a chat and share stories/poems or simply enjoy listening to others. No previous experience required. This project also works with professional creative writers at various times throughout the year who are more than happy to support you to begin your creative journey!



Youth Advisory Panel

**Every Thursday
4pm to 6pm
at Castlemilk Stables**

This group is for any young person living in Castlemilk between 14-25 years old. By taking part you will design your own projects, gain volunteer hours for any awards, meet new people, advise on what young people want in the area and fundraise for projects and trips for the group.

Please contact us before attending.



Health Walks

**Starting From Monday 22nd
April till 2nd Monday September**

Every Monday from 6pm to 7pm

**Meet at Castlemilk Parish Church,
1 Dougrie Rd, Glasgow G45 9NP**

Join us for a light walk around and near Castlemilk, good chat in the lighter nights.



Monthly Activities

Castlemilk Explorers - Wildlife Watch Group

Second Saturday of the month at Castlemilk Stables

10.30am to 12.30pm (Times may vary)

Nature-themed activities for 7-12-year-olds including scavenger hunts, den building, tree/leaf ID, survival skills and creating activities to encourage wildlife in your community. This group is loads of fun for young explorers while learning at the same time.

BOOKING REQUIRED and priority will be given to G45 Postcode



“Banging Food and Bingo Night!”

Last Thursday of every month 6pm to 7.30pm

Join us online using Zoom for a great fun filled night with bingo, good food delivered to your doorstep, quizzes and a chance to win shopping vouchers! This is FREE to participate thanks to funding from Impact Funding Partners and working in partnership with The Senior Centre Castlemilk and Cassiltoun’s Youth Advisory Panel.

****Please note: the dates can be subject to change so please double check with us first, booking is required so please email community@cassiltoun.org.uk to book a space****



Woodland Buggy Walks

Meeting on the First Friday of the month from Castlemilk Stables

Starting 7th June 2024 from 10.30am to 11.30am

Come along and join the Community Woodland Officer on a Woodland Buggy Walk in Castlemilk Park learning about nature and exploring nature themed activities every month. **(No booking required)**



May

Spring to Summer Beginner Tree ID (Castlemilk Park)

Saturday 11th May 2pm to 4pm

Come along and join the Community Woodland Officer and learn about some tree ID in Castlemilk Park, the walk is for beginners or people who want to refresh on the Tree ID skills. **Booking is not required.**



Spring to Summer Beginner Tree ID (Online)

Tuesday 14th May 6.30pm to 8.30pm

This online session will be led by the Community Woodland Officer. We will learn about some tree ID in Castlemilk Park which will give you the skill set to know the species of the trees when visiting the Park.

Booking is required for the online session

Please contact community@cassiltoun.org.uk or phone 0141 634 2673

July

Schools Out!

Wednesday 3rd July 2pm to 4.30pm

Come along and learn a range of outdoor play and woodland activities with the Community Team that might help occupy yourself and the children throughout the summer months.

Did you know? We currently have a small woodland activities lending library with resources that can be accessed on request. Get in touch with us to find out more.



Fairy and Goblin Trail

Wednesday 24th July 2pm to 4pm

Meet outside Castlemilk Stables

Come for a walk around the newly improved Castlemilk pond and beyond. What will you find along the way? Why not dress up in your favourite costume? Details about the event will be announced closer to the time keep an eye on our social media pages. ***No booking required***



Why do people come along to our events/activities?

It has helped me mentally by tackling my loneliness and giving me something to focus on. I've met loads of new people and I feel like I do a lot to benefit my community which makes me feel needed and helpful.

Involvement in various activities at Cassiltoun has made a great difference to my social life.

This has had a positive impact on my mental health and has given me a fresh positive impression on the environmental possibilities in our surrounding areas.

I have become a part of the community, made loads of friends and grew in confidence.



Why do people volunteer?



Volunteering at events helped me boost my confidence and get involved.

I have picked up a lot of new skills - path maintenance, leaf blowing, strimming upcoming, tree identification.



I have greatly enjoyed learning how to paint and also crafts. I have had opportunities to train in food hygiene and first aid training.

Recognition of Volunteers

I volunteer with the youth advisory panel because it makes me feel like I am helping the community and it helps me out of the house.

The work of the volunteers has been transformational and makes the woodlands more accessible and pleasant for everyone to enjoy.

July

Stream Dipping

Wednesday 31st July 2pm to 4pm

Come along and find out what amazing creatures live in the stream that runs through Castlemilk Park. Please bring comfortable shoes and/or wellies as we will be taking a short walk to the area where we will stream dip and you may get wet or muddy. ***Booking is not required***



August

Doggy Day

Wednesday 7th August 2pm to 4pm

Come along to our ever-popular Doggy Day at the Stables. Show off your pride for your pup with a variety of competitions, certificates, and let them meet other delightful dogs and their walkers! Fun for all the family! You don't need a dog to attend, you can come along and watch.

BOOKING IS NOT REQUIRED



September

Bat Walk

Friday 13th September 7.30pm to 9.00pm

The ever popular bat walk returns on Friday the 13th ("Spooky!") We will take a short walk into Castlemilk Park at dusk to see what bats we can spot, either with our very own eyes or with using bat detectors! You'll learn all about bat species, their habitats, how important they are to the environment.

*** Accompanied children are welcome, booking is required, priority will be given to G45 Postcode***



September

Glasgow Doors Open Day Festival

Join us at Castlemilk
Stables on Saturday
21st September

We will be celebrating the amazing history of Castlemilk Stables by going on an amazing tour of the building, hearing stories of the renovation of the building and other activities are TBC. This year's theme will be "Memories and Movies!"

Please keep an eye on social media and Glasgow Doors Open Days website for up-to-date information closer to the time.

Did you know? This takes place across the whole of Glasgow from 16th-22nd September. You can find a range of events/activities across the city here: www.glasgowdoorsopenday.org.uk



October

October Week Fun!

Tuesday 15th October 1.30pm to 3.30pm

Returning again this year is the popular Halloween costume swap shop. Bring along your costume or take away a frightfully nice one. Other outdoor, fun and spooky activities will take place too. Keep an eye on social media for more information.

BOOKING IS NOT REQUIRED

Castlemilk Park Pumpkin Festival

Sunday 27th October -
Wednesday 30th October 2024

Halloween time at Cassiltoun, our busiest time of the year! We are unsure of what this week will entail at the time of printing. As usual, check out the photos below of some of the activities/ events that may happen! Keep an eye out for posters or have a look at Castlemilk Park Project's Facebook page nearer the time.



December

Willow Wreath making (Drop in)

Sunday 1st December

11.00am to 16.00pm

Make your own willow wreath with natural woodland materials, gathered by our volunteers in Castlemilk Park. The sessions will have a demo and hands-on support to help you to make your perfect wreath!

BOOKING IS NOT REQUIRED



January 2025

Castlemilk Park Photo Competition

The ever popular photo competition returns again and this year the theme is Winter Wildlife in Castlemilk Park. More details to follow closer to the time.



Saturday Snowdrop Walk (Introducing Rambles Round Glasgow by Hugh Macdonald)

Saturday 8th February

1.30pm to 3.30pm

On this walk we will learn amazing facts about the snowdrops that live in Castlemilk Park including their fascinating history, the different varieties, we will also be looking at the wonderful book Rambles Round Glasgow by Hugh Macdonald and how it relates to Castlemilk park

BOOKING IS NOT REQUIRED



For more information and to find out how you can have your say, please contact our Community Team:

Telephone: 0141 634 2673

Email: community@cassiltoun.org.uk

Address: Cassiltoun Housing Association, Castlemilk Stables, 59 Machrie Road, Castlemilk, G45 0AZ

Facebook: Castlemilk Park Project

Facebook: Cassiltoun Housing Association

X: Cassiltoun Housing Association @CassiltounHA
Cassiltoun Community Team @Cassiltoun

Website: www.cassiltoun.org.uk

How to get to Castlemilk Park and Stables by using transport:



Buses to Castlemilk Drive, asking for Machrie Road are:
5, 34, 46, 74, 75



By train:
The nearest train station is Croftfoot which is 1.1 miles from Castlemilk Stables.



Parking:
There is parking outside Castlemilk Stables however this is often limited when big events are taking place.



Cycling:
Castlemilk stables has bike a storage area to leave locked bicycles



FUNDERS AND PARTNERS

Did you know a lot of our activities and events are externally funded and not all by Cassiltoun Housing Association? Without their support these events would not happen. A very big thank you to all of our funders and partners who support us in making these events happen for all the local community and beyond to enjoy.

