

Castlemilk Park *and* Castlemilk Stables



2023-24
PROGRAMME



Welcome to our exciting programme for 2023-24!

Cassiltoun Housing Association continues to lead a partnership of local organisations and work alongside community members to improve Castlemilk Park. We strive to keep delivering a series of events, activities, and opportunities that highlight this amazing woodland on our doorstep and within our local community.

Our 2023-24 calendar is full of free events, activities, regular groups and information on ways to get involved.

Please note that activities may change to online, be postponed or cancelled - before attending anything, please check our Facebook Page for the most up-to-date information or contact us directly to avoid disappointment. Thank you!

For more information and to find out how you can have your say, you can contact our Community Team:

Phone:

0141 634 2673

Email:

community@cassiltoun.org.uk

Address:

Cassiltoun Housing Association,
Castlemilk Stables, 59 Machrie
Road, Castlemilk, G45 0AZ

Facebook:

Castlemilk Park Project

Facebook:

Cassiltoun Housing Association

Twitter:

@CassiltounHA and @Cassiltoun

Website:

www.cassiltoun.org.uk

In 2023, we would like to say thank you to the local community and volunteers who support and help put on these events and activities at Castlemilk Stables and Castlemilk Park. Also, a big thank you to the Castlemilk Park Volunteers who are constantly improving structures such as paths and edging, cutting back trees and bushes, litter picking and woodland maintenance which helps increase access to Castlemilk Park for everyone.

We are always looking for more volunteers to help support these events/activities so please get in touch with us if you would be interested in volunteering. You can email us at community@cassiltoun.org.uk



How to get there by Transport:



Buses to Castlemilk Drive, asking for Machrie Road are:
5, 34, 46, 74, 75



By train:
The nearest train station is Croftfoot which is 1.1 miles from Castlemilk Stables.



Parking:
There is parking outside Castlemilk Stables however this is often limited when big events are taking place.



Cycling:
Castlemilk Stables has a bike storage area to leave locked bicycles

Why do people come along to our events/activities?

I always have a great laugh and enjoy myself. I've made so many friends and I love catching up with everyone.

It's a life saver for the elderly and also people with isolation or mental health issues.



I joined the writing group with no experience and was quite anxious. The staff and group members were very easy to get on with and welcomed me.



At the Community Garden I have learned how to grow different things, harvesting, and making food.

Meeting new people, making friends, learning new crafts, sharing experiences.

Regular Activities

Castlemilk Park Volunteers

Tuesday and Thursday morning and afternoon sessions. Contact for exact times.

All are welcome and no experience is required.

You can get involved in lots of different weekly activities such as woodland conservation, tree cutting, path maintenance, litter picks, outdoor education, wildlife surveying, woodland events and more! Training and development are available. Gloves and tools will be provided. Dress for the weather. Along with tea, coffee, biscuits and loads of friendly chat.



Community Garden

Every Tuesday 10am to 3pm

There is lots to do at the Stables Community Garden - come along to grow food, cook, use the pizza oven, chat, take part in workshops, or simply enjoy the space! The whole family is welcome (children must be accompanied by an adult). No experience is necessary and all tools, gloves and refreshments are provided! Keep an eye out for other opportunities throughout the year to cook and explore the garden!



Creative Writing Group

Every Wednesday 10am - 12pm at Castlemilk Stables

Join us for a chat and share your stories/poems with us or simply enjoy listening to others. No previous experience is required; your interest is more than enough.



Regular Activities

Creative Castlemilk

Every Wednesday from 12pm-2pm at Castlemilk Community Centre, 121 Castlemilk Dr, Glasgow G45 9UG

A Community Artist will lead you step by step in creating a painting using acrylic paint on canvas. No previous experience is necessary and you will receive all the materials you need to take part. No need to book, just drop in.



Stables Studio

Taster Tuesdays from 11am-2pm at Castlemilk Stables.

Come along and learn a new craft or skill like painting, printmaking, ceramics, weaving, jewellery making, stain glass painting, upcycling and much more!



Community Lunch

Every Thursday 12.00pm to 2.00pm

Come along, have some food, a cuppa and friendly chat. Lots of people attend including the Castlemilk Park Volunteers who make a regular appearance and members of the community. It's a great place to catch up, have a blether and find out what going on.



Regular Activities

Youth Advisory Panel

Every Thursday 4pm-6pm at
Castlemilk Stables.

Contact before attending

This group is for any young person living in Castlemilk between 14-25 years old who would like to make a difference in their community. By taking part, you will get your ideas up and running, design your own projects, gain volunteer hours for any awards you're going for, advise us on what we should be doing for young people in the area, fundraise for projects and trips, all while enjoying tasty food, visiting places across Glasgow and further afield!



Community Advisory Panel

Meet every 4-6 weeks and as a group pick a topic within the Housing Association to find out about, give suggestions for improvement and link into our Board with your recommendations. This panel is a great way to find out more about the services of Cassiltoun and have your voice heard - according to a panel member it's "surprisingly really interesting!"



Monthly Activities

Castlemilk Explorers - Wildlife Watch Group

Second Saturday of the month

10.30am-12.30pm (times may vary)

Nature-themed activities for 7-12-year-olds including scavenger hunts, den building, tree/leaf ID, survival skills and creative activities to encourage wildlife in your community. This group is loads of fun for young explorers while learning at the same time.

BOOKING REQUIRED

Priority will be given to G45 Postcode

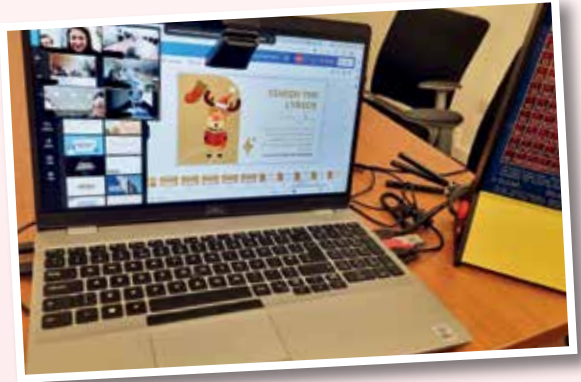


Banging Food and Bingo Night!

Join us on the **last Thursday of every month. 6pm-**

7.30pm, online using Zoom

for a great, fun filled night with bingo, good food delivered to your doorstep, quizzes and a chance to win shopping vouchers! This is FREE to take part with thanks to funding from Impact Funding Partners and working in partnership with The Senior Centre Castlemilk and Cassiltoun's Youth Advisory Panel.



****Please note: the dates can be subject to change so please double check with us first, **booking is required** so please email community@cassiltoun.org.uk to book a space****

May

Waterfall Nature and History Walk

Saturday 13th May 2pm to 4pm

Come along and join us for a walk around the Waterfall Walk to find out all about the history of the various places along its route, and the wildlife it holds.

Walk starting at Castlemilk Stables

BOOKING IS NOT REQUIRED



June

Icehouse Nature and History Walk

Saturday 10th June 2pm to 4pm

Come along and join us for a walk around the Icehouse Walk to find out all about the history of the various places along its route, and the wildlife it holds.

The walk will start at Castlemilk Stables

BOOKING IS NOT REQUIRED



Why Volunteer with Cassiltoun?

Community Recognition:

Two separate groups stopped to thank everyone for the litter picking and they do to keep Castlemilk looking lovely.

The transformation of the park is amazing. Well done everyone.

Learn New Skills and recognised training opportunities:

I completed the food hygiene training, the face painting training and the digital champion training during Covid.

I completed my First Aid, garden machinery, Health and safety training. I have learned cooking skills too such as making bread, biscuits, chutney all from the garden.



Personal Skills:

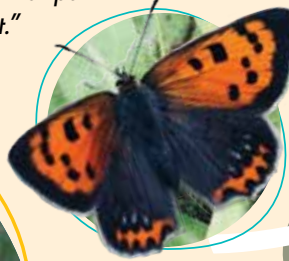
I volunteer because I like helping the community and other people. Being a volunteer motivates me to be a better person everyday contributing to my community.



I enjoy the outdoors and the company, I try to make a difference and it makes me feel healthier by keeping active and busy, everyday is a surprise.

"I like the path especially where the daffodils are in the Spring, never knew where that path was and also I like it as it's mainly flat."

Cassiltoun Housing Association
Youth Group Member



"Have a walk through Castlemilk Park and wander down to the pond... where you will see the beautiful waterfall cascading down... There is plenty of wildlife, and an amazing variety of flowers and many interesting trees."

Castlemilk Health Worker



"I enjoy the historical areas such as the Ice House and learning what it was used for... There is always something that makes you stop and admire the beauty of nature."

Castlemilk Resident





Key

- Daffodil Walk
- Waterfall Walk
- Ice House Walk
- Seats
- Bus Stop
- Train Station
- Roads
- Paths
- Stream
- Woodland

Enjoy Scotland's outdoors responsibly

- take responsibility for your own actions
- respect the interests of other people
- care for the environment.


KNOW THE CODE BEFORE YOU GO
SCOTTISH OUTDOOR ACCESS CODE outdooraccess-scotland.scot

Take Care in the Park

Please be aware that following heavy rain, and during cold snaps, the paths can be slippery underfoot. Take care particularly on the bridges and the steep paths.

July

Cycle Safari

Tuesday 4th July 4pm to 6pm

Brand new activity alert! Glasgow is hosting '2023 UCI Cycling World Championships' so we are doing a small Cycle Safari which is a light cycle ride around areas of Castlemilk Park looking for wildlife and hearing all about the history of the site.

Children must be accompanied by an adult

****Booking is required****

Bicycles are not provided



Pop up Wild Thursdays

(6th July, 13th July, 27th July,
3rd August) 1pm-3pm

Children's activities in the Park and on Castlemilk Stables Bridge - come along for different woodland themed activities throughout the Summer Holidays at our pop up events. There will be a huge range of activities each week such as making wood cookies, using chalk and recycling!



***NO BOOKING REQUIRED* just turn up at the bridge and have a go.**

Doggy Day

Wednesday 12th July 3pm-5pm

Come along to our ever-popular Doggy Day at the Stables. Show off your pride for your pup with a variety of competitions, prizes, and let them meet other delightful dogs and their walkers! Fun for all the family! You don't need a dog to attend you can come along and watch.

BOOKING IS NOT REQUIRED



July

Wildflower Walk

Wednesday 19th July 4pm to 6pm

This walk will concentrate on the small urban wildflower meadow at Barlia Football Centre. Ideal for people wanting to learn the basics of wildflowers but also the management of the wildflower meadows.

Walk starting at Castlemilk Stables

BOOKING IS NOT REQUIRED



Writing and photo group invite you to Castlemilk Park - It's history and legacy.

Thursday 20th July 2pm-4pm

An exciting project by local people exploring Castlemilk Park. Looking at the importance of nature in our day to day lives, plants and trees, walking and mindfulness, the group will bring together photography and writing to celebrate the green spaces of Castlemilk. Insightful, surprising and full of local information.



Fairies & Goblins of Castlemilk Park - Adventure Trail

Wednesday 26th July 2pm-4pm

Pop along to the Stables and take away a magical map to follow the trail - how many will you find? Details about the event will be announced closer to the time, keep an eye on our social media pages!



BOOKING IS NOT REQUIRED

August

Stream Dipping

Thursday 3rd August
2pm-4pm

Come along and find out what amazing creatures live in the stream that runs through Castlemilk Park. Please bring comfortable shoes and/or wellies as we will be taking a short walk to the area where we will stream dip and you may get wet or muddy.

BOOKING REQUIRED

***Priority will be given to
G45 Postcode***



Summer Community Clean Up

Saturday 12th August 2pm-4pm

Meeting at Castlemilk Stables

Come along and help do a community clean up at the Barlia Football Centre. Learn more about what happens at Barlia Football Centre and also find out about volunteering at Castlemilk Park.

BOOKING IS NOT REQUIRED



August

Bat Walk Returns

Friday 18th August 8pm-9.30pm

The popular bat walk returns. We will take a walk around Castlemilk Park at night to see what bats we can spot, either with our very own eyes or through echolocation! You'll learn all about bat species, their habitats, how important they are to the environment and what type live in your woodlands.

Accompanied children are welcome

BOOKING REQUIRED

Priority will be given to G45 Postcode



Doors Open Day Festival

Monday 11th - Sunday 17th September

Dates and Times to be confirmed

www.glasgowdoorsopenday.org.uk

Join us to celebrate the amazing history of Castlemilk Stables and the surrounding areas. Keep an eye on social media and Glasgow Doors Open Days website for up-to-date information. Expect a range of activities including tours, art and celebrating local stories and photos.



October

Cycle Safari

**Saturday 7th October
2pm to 4pm**

Brand new activity

alert! Glasgow is hosting '2023 UCI Cycling World Championships' so we are doing a small Cycle Safari which is a light cycle ride around areas of Castlemilk Park looking for wildlife and hearing all about the history of the site.

**Children must
be accompanied
by an adult**

****Booking is required ****

**Bicycles are not
provided**



Wild Wednesday

Wednesday 18th October 1pm-3pm

Come along and take part in activities at Castlemilk Stables Bridge. Try loads of different woodland themed activities. This may be making wood cookies, using chalk, upcycling and more!

***NO BOOKING REQUIRED* just turn up at the bridge and have a go**

Castlemilk Park PUMPKIN FESTIVAL

Sunday 22nd October - Thursday 26th October 2023

We absolutely love our Halloween at Cassiltoun, our busiest time of the year! We are unsure of what this week will entail at the time of printing. As usual, check out the photos below of some of the activities/ events that may happen! Keep an eye out for posters or have a look at Castlemilk Park Project's Facebook page nearer the time.



December

Willow Wreath Making

Saturday 2nd December from 11.15am until 2.45pm (you must book a 45 min slot)

BOOKING REQUIRED

Email community@cassiltoun.org.uk for booking form.

Priority will be given to G45 Postcode

Sunday 3rd December from 11am-2pm (drop in for the community so booking is not required on this day)

Make your own willow wreath with natural woodland materials, gathered by our volunteers in Castlemilk Park. The sessions will be bookable time-slots, with a demo and hands-on support to help you to make your perfect wreath!

BOOKING IS NOT REQUIRED



Santa's Grotto

Keep an eye on our Facebook and Twitter pages to see when Santa and his elves are visiting Castlemilk stables. Feel free to dress up in something christmassy, get a photograph and spread some Christmas cheer!

January 2024

Castlemilk Park Photo Competition

Ever popular photo competition returns again and this year is the theme is paths and signage of Castlemilk Park.

More details to follow.



February 2024

Saturday Snowdrop Walk

Saturday 10th February

1.30pm-3.30pm

On this walk we will learn amazing facts about the snowdrops that live in Castlemilk Park including their fascinating history, the different varieties, the conditions and habitat that make them grow and what they are used for today. Join us!

BOOKING IS NOT REQUIRED



Love Your Woodland

Tuesday 13th February 2pm-4pm

Come along to show your love and appreciation for your woodland - make decorations, create an outdoor art piece and take part in woodland activities. Keep an eye out for our posters or on the Castlemilk Park Project Facebook page!

BOOKING IS NOT REQUIRED

March 2024

March Spring Clean

Saturday 9th March 2024
2pm-4pm meeting at
Castlemilk stables

Come along and help do a spring clean at Castlemilk park, find out what's happening locally including volunteering, events and other opportunities.

BOOKING IS NOT REQUIRED



Daffodil and History Walk

Saturday 23rd March 2pm to 4pm meeting at
Castlemilk stables

Come along and join us for a walk around the Daffodil Walk finding out all about the history of the various places along its route, and all about the wildlife it holds.

Walk starting at Castlemilk Stables

BOOKING IS NOT REQUIRED



For more information and to find out how you can have your say, please contact our Community Team:

Telephone: 0141 634 2673

Email: community@cassiltoun.org.uk

Address: Cassiltoun Housing Association, Castlemilk Stables,
59 Machrie Road, Castlemilk, G45 0AZ

Facebook: Castlemilk Park Project

Facebook: Cassiltoun Housing Association

Twitter: Cassiltoun Housing Association @CassiltounHA

Cassiltoun Community Team @Cassiltoun

Website: www.cassiltoun.org.uk

FUNDERS

Did you know a lot of our activities and events are externally funded and not all by Cassiltoun Housing Association? Without their support these events would not happen. A very big thank you to all of our funders and partners who support us in making these events happen for all the local community and beyond to enjoy.



Scottish Forestry is the Scottish Government agency responsible for forestry policy and regulation.

